

Say No More

2025 Edition



**The Guide Every Modern Traveller,
Digital Nomad and Local in Cyprus Needs**

by Demetris Tzionis

What's This?

A **FREE guide** packed with everything you need – all in one place.

It's more suited for the curious traveller than the tourist ticking off the island's top attractions. Dive into local tips, offbeat activities, and lesser-known places that help you feel the vibe of the island and from laptop-friendly spots to annual events – even live petrol prices! Before you know it, Cyprus won't just be a stop on your journey – it'll start to feel a bit like home.

The guide will be kept up-to-date with new content and relevant changes.



QR codes will lead you to **maps** or **websites**. They are also clickable. They will always point to an up-to-date version of the map.



This means something is **clickable** (leading to an external URL).

Contents



Laptop-friendly spots



Logistics & Transfers



Annual Festivals



Resources for finding current events



Theatres



Hiking



Camping



Sports



Experiences



Food & Drinks



Coffee



Villages



Astronomy & Space Exploration



Volunteering



Hidden Gems & Activities



Other Useful Resources

About Demetris



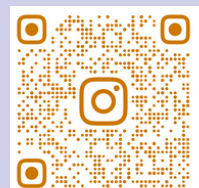
Creating things is life-giving. I love working on technology and travel projects. In the past, I've built and fired a potato cannon, designed a 3D-printed phone holder for plane journeys, and, more recently, I've been writing a book about my experience walking the Camino Francés. Say No More had been in my head for some time, and it was finally time to give it substance.

If you like what you see and find it useful, please consider supporting the project.

Donate a coffee



Life without feedback is like flying a plane blindfolded. Feel free to contact me with your honest input or suggestions.



Laptop-Friendly Spots

The number of digital nomads and remote workers around the world is growing by the day. We all know the struggle of finding work-friendly spaces that not only support productivity but also offer the chance to connect with like-minded people. Fortunately Cyprus does not suffer in this area.

Map

This is a collection of laptop-friendly spots around the island, ranging from cafes, libraries and co-working spaces. It is a non-exhaustive map in which new spots will be added.



Logistics & Transfers

The island's public transport network is gradually improving. This resource can help ease the headache of getting around without a car.

Airport Transfers

Limassol Airport Express for between Limassol and Larnaca and Paphos airports

www.limassolairportexpress.eu/ 

Kapnos Airport Shuttle for between Paphos, Larnaca, Nicosia, Ayia Napa, Prootaras and Larnaca and Paphos airport

www.kapnosairportshuttle.com/ 

Travel between cities

Intercity Buses for City-to-City travel

www.intercity-buses.com/en/ 

Motion Bus Card & Travel planning app



www.motionbuscard.org.cy/ 



Annual Festivals

Music



31 July - 2 August, Kornos

www.fengaros.com/ 

**WINDCRAFT
MUSIC FEST**

25 - 27 July, Katydata

www.windcraftmusicfest.com/ 



19-21 June, Nicosia

 www.abrfest.com/



8 June, Ayia Triada Beach

 www.tinyurl.com/4btddxac



17 May, Vavla

 www.tinyurl.com/ypwxjksb



Music



30 May – 1 June, Pera Oreinis

www.cyprusaccordionfestival.com 



13 August, Kyperounta

[Facebook Group](#) 



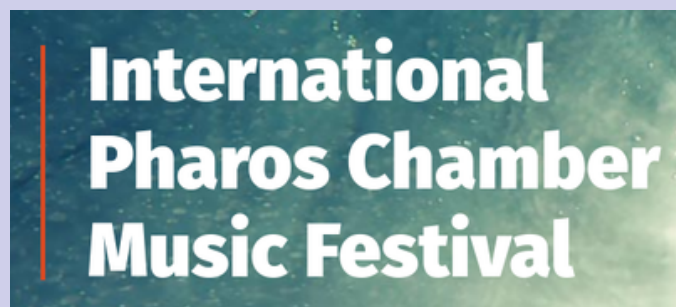
7 September, Perneria
Protaras Promenade

 www.moonwalk.com.cy



22–23 August, Val's Place

 www.paradisejazzfestival.com

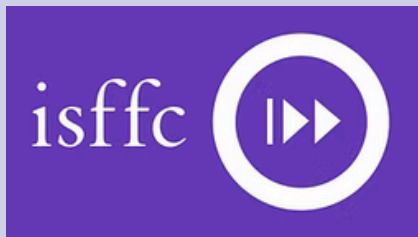


27 May – 1 June, Kouklia

 <https://tinyurl.com/bdcmvs7c>



Film



11-17 October, Rialto Theatre

www.isffc.com.cy/ 



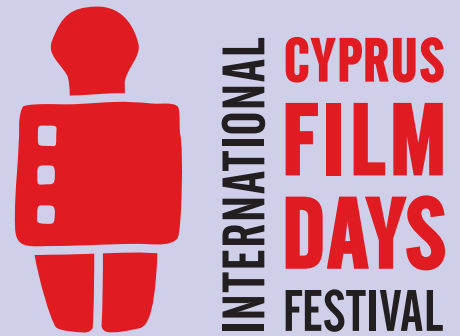
8-10 August, Salamiou

www.animafest.com.cy/ 



1-8 August, Limassol

www.filmfestival.com.cy/ 



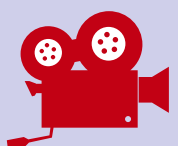
4-12 April, Limassol & Nicosia

 www.cyprusfilmdays.com/



9-27 July, Protaras

 <https://tinyurl.com/f7d4fda8>



Cultural



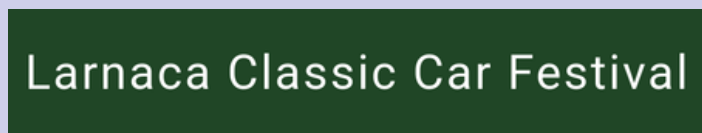
20 Feb - 2 Mar, Limassol

<https://tinyurl.com/ycydb6w>



27 Sep - 5 Oct, Limassol

<https://evoinos.com/limassol-wine-festival/>

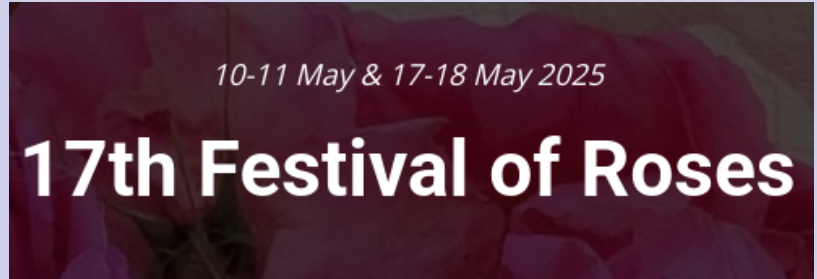


18 May, Larnaca

<https://tinyurl.com/3cn626af>



<https://tinyurl.com/bdf2ws4x>



10-11 & 17-18 May, Agros

<https://rosefest.agros.org.cy/index-en.html>



Fairy Festival

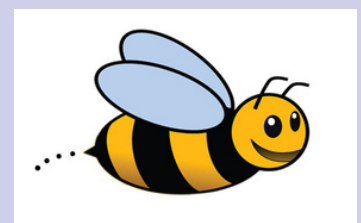
17-18 May, Avgorou

<https://www.cyherbia.com/upcoming/17486/>



22-25 May, Limassol Marina

<https://limassolboatshow.com/>



Honey Festival

15 June, Oduu

<https://tinyurl.com/y9mcp47f>

Cultural



3-30 July, Larnaca

<https://tinyurl.com/5x8y7tfz> 



Festival of Tradition and Culture

1 October, Anglisides

 [https://www.facebook.com/festivalparadosiakiskoultouras?](https://www.facebook.com/festivalparadosiakiskoultouras?locale=el_GR)
[locale=el_GR](https://www.facebook.com/festivalparadosiakiskoultouras?locale=el_GR)



9 July - 2 August, Limassol & Nicosia

<https://www.greekdramafest.com/> 



Kakopetria Spoon Sweets Festival

28 September, Kakopetria

Tech



Reflect Festival

15-16 May, Limassol

<https://reflectfest.com/> 



Resources For Finding Current Events



<https://allaboutlimassol.com/en/agenda/> ✨



✨ <https://www.soldoutticketbox.com/en/home>



<https://allevents.in/#> ✨



<https://www.checkincyprus.com/> ✨



CYPROPLAN

<https://cyproplan.com/> ✨





Theatres

For those looking to enjoy a good theatre show, there are several established theatres across the island. Check their websites listed below for up-to-date events calendars.

Limassol



<https://www.rialto.com.cy/>

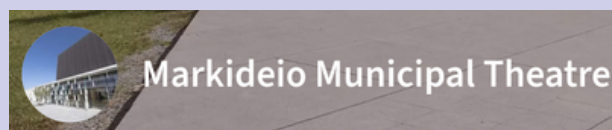


<https://www.pattihio.com.cy/>



<https://www.theatroena.com.cy/theatro-ena-lemesos>

Paphos



<https://www.thisispafos.com/listing/markideio-municipal-theatre/>



<https://stageonetheatre.net/>

Nicosia



CYPRUS
THEATRE
ORGANISATION

<https://www.thoc.org.cy/en/about>



Municipal Theatre

[https://www.facebook.com/
NicosiaMunicipalTheatre/](https://www.facebook.com/NicosiaMunicipalTheatre/)



[https://www.facebook.com/s](https://www.facebook.com/satiriko.theatro)
[atiriko.theatro](https://www.facebook.com/satiriko.theatro)



[https://www.facebook.com/
maskarini/](https://www.facebook.com/maskarini/)



Hiking

The island is blessed with numerous hiking trails all around it. There's no better way to experience the raw beauty Cyprus has to offer than on foot.

Map

This is a collection of hiking trails around the island, including linear, loop, and multi-day routes. The map is non-exhaustive, and newly discovered trails will be added..



Hiking Groups

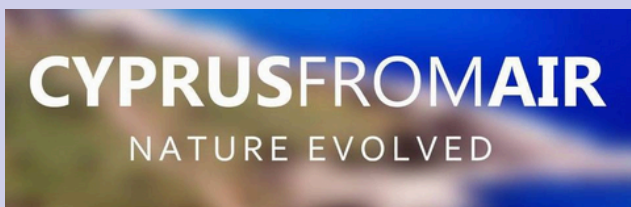
Active hiking communities exist across the island, keeping you on the trails year-round while meeting like-minded, outdoorsy people



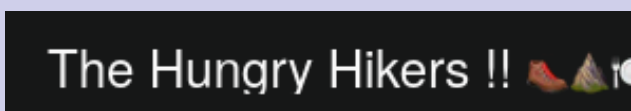
<https://www.facebook.com/MountainExpeditionsCyprus/>



<https://cyprus-strollers.org/>



<https://cyprus-strollers.org/>



<https://chat.whatsapp.com/LHXKufryxIL42XCYAIM00K>



<https://www.facebook.com/groups/308023956940345>



Camping

The island is also blessed with a number of camping sites from the top of the island to seaside ones. Unwind and enjoy the raw beauty of nature in Cyprus at these camping spots.

Map

This is a collection of camping sites around the island.



Sports

Sports facilities and groups are found all over the island, helping you have fun, stay active, and socialise all year round.



Beach Tennis



Nicosia Beach Tennis club

<https://beachtennisnic.com/> 



Limassol Beach Tennis

<https://www.facebook.com/limassolbeachtennis/> 



Larnaka Beach Tennis club

<https://cyprusbeachtennis.com/larnaka-club/> 

Map



Pádel

The sport has grown rapidly in the last few years and court facilities can be found all over the island! Check the map for the locations.

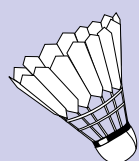
Map



Tennis

Quite a few tennis courts are located around the island. Check the map for locations.

Map



Badminton

Check the following Cyprus Badminton Federation link for Badminton facilities:

<https://cyprusbadminton.com.cy/federation/clubs/> 





Use the global Playtomic app to book racket sports courts and connect with other players.



Bouldering & Climbing

Check the map for facilities on the island.

Map



Skiing

Believe it or not, there is a ski resort in Cyprus! If snow conditions permit, it will be open during the winter months.

<https://www.cyprusski.com/> 



Kitesurfing & Windsurfing

Cyprus is blessed with favourable winds all year round, creating an active kitesurfing and windsurfing scene. Check the map for centres across the island.

Map

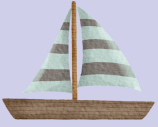


Dragonboating

Into dragon boating? You're in luck – find your nearest team and get paddling!

Map





Nautical Clubs

Love the sea? Dive into a community that's all about sea sports and sailing!

Map



Scuba Diving & Freediving

If diving is your thing, you're in luck. Being on an island means there's no shortage of dive centres to pick from!

Map



Running

Boasting good weather all year round, Cyprus has a calendar packed with running events. Some of the major ones include the Limassol Marathon, the **Paphos Cyprus Marathon**, the Larnaka International Marathon, and the Nicosia Marathon.



<https://www.runningincyprus.com/>

 [events/list/](https://www.runningincyprus.com/events/list/)

Check the 'Running in Cyprus' events calendar for a full list of events.

Experiences

Discovering local experiences offered around Cyprus means you can learn, create and explore new corners of the island at the same time.



Winery visits and wine tasting

Lots of wineries are dotted mainly across the Paphos and Limassol districts, and a winery-hunting road trip is a delightful way to explore some of Cyprus's most charming villages and stunning landscapes. They range from small boutique producers to large-scale wineries.

*As a bonus, most of the grape-producing villages hold festivals – usually in September or October – to celebrate the making of two traditional Cypriot delicacies: shushukos and palouzes.

Map



Olives harvest and olive oil production

Olive oil, the so-called 'liquid gold', is one of the island's main products, much like in other sun-drenched southern Mediterranean regions. The olive harvest and olive oil making magic typically take place between October and December. During these months, you can experience the process first-hand by visiting one of the local olive mills.

Map





Heartland of Legends workshops [FREE OF CHARGE]

The Heartland of Legends initiative offers a wide range of handicraft and enogastronomy experiences across the island, giving you the chance to get hands-on while discovering new places in Cyprus. Workshops range from ceramic art and Byzantine iconography to koupepia-making.

Visit the website for full details: <https://heartlandoflegends.com/workshops/> 



Waterfall hunting and dipping

The island boasts a number of refreshing waterfalls. Explore its forests as you hunt down these gems of nature – and if you're brave enough, you can even take a dip in the chilly water for a quick refresh.

Map



Food & Drinks

Cyprus has no shortage of delicious food and coffee. On every corner of the island, you're sure to find something to satisfy the senses. The local cuisine resembles the Greek cuisine, with influences from the Middle East. It is based on the Mediterranean diet, with olive oil used extensively. Main ingredients include lamb, pork, chicken, fresh fish and seafood, herbs, yoghurt, cheese, fruit, and vegetables.

Some typical types of places to be looking for are:

Fournos (Bakery)

The bigger chains stay open 24/7. A local-favorite, especially for pasties or coffee.

Psistaria or Magirio

For home-cooked style food at good prices ask around for one of those.

Souvlatzidiko (Souvlaki place) or Gyradiko (Gyro place)

The island is packed with souvlaki and gyro spots (they often go together). The real challenge is finding the one you enjoy the most! Once a local finds their go-to souvlaki place, they usually become a loyal, long-term customer.



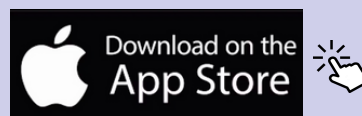
Visit this extensive collection of all the good stuff
found around the island

<https://www.cyprusisland.net/cyprus-cuisine> 

A map with solid food places



**Buy food at $\frac{1}{3}$ of their original price from
participating places with this great app**



Coffee

If you haven't already noticed within the first 10 minutes of arriving on the island, coffee plays a central role in everyday life in Cyprus! If you want to drink coffee like a local, you should definitely try:

Freddo Espresso

The staple iced coffee that fuels society in both Cyprus and Greece. If you like your coffee strong, this one's for you.

Freddo Cappuccino

If you prefer your coffee milkier, this could be a good option.

Frappé

This old-school iced coffee goes back a long way. It was the go-to choice for decades, but lost its crown when the freddo espresso entered the scene. It's made with **instant** coffee.

A map with interesting coffee places



Villages

One of the best ways to discover the island is by going on a road trip and exploring the many villages, from those along the coastline to others tucked away in the mountains. This activity will take you along beautiful, winding roads – perfect for those who enjoy a scenic drive. Along the way, you'll come across friendly locals living a slower pace of life, picturesque village houses, and, of course, delicious traditional food.

A collection of villages of great interest



Astronomy & Space Exploration

Cyprus boasts some of the best night skies in Europe – and with clear skies for most of the year, it's no surprise you can easily get starstruck (literally) while stargazing! Check out the communities below for astronomy events and other information.



Cyprus Astronomy Organisation

<https://www.facebook.com/cyprusastronomy/> ✨

NightSky Explorers Club Cy

✨ <https://www.facebook.com/groups/nightskyexplorerscy/>



House of Science Σπίτι της Επιστήμης

<https://www.houseofscience.com.cy/en/> ✨



Cyprus Space Exploration Organisation

<https://www.spaceexploration.org.cy/#!/Home> ✨



Observatories & Planetariums

Check the map to find the locations of observatories and planetariums you can visit on the island

Map



Volunteering

If you're looking to be part of a community that supports different areas of society, there are plenty of organisations you can join

Humanitarian & Social Aid



<https://www.redcross.org.cy/en/get-involved/become-volunteer>



<https://www.unhcr.org/cy/get-involved/>



<https://generationforchange.org/support-us/>



<https://kisa.org.cy/join-us/>



Environmental



<https://www.foecyprus.org/be-a-volunteer/>



<https://zfwcy.org/volunteer-with-us/>



<https://togethercyprus.org/lets-do-it-cyprus>




<https://birdlifecyprus.org/volunteer/>




Animal Welfare



[https://animalrescuecyprus.com/
get-involved/volunteer/](https://animalrescuecyprus.com/get-involved/volunteer/) 

Healthcare Support



[https://www.medihospital.com.cy/
en/information/volunteering/](https://www.medihospital.com.cy/en/information/volunteering/) 

Other



[https://www.home4cooperation.info/
become-a-volunteer/](https://www.home4cooperation.info/become-a-volunteer/) 



Hidden Gems & Activities

Nothing beats experiencing things that are a little harder to come by. Hidden gems are the salt and pepper of a place.

Fikardou village

An old village which retains its old medieval architecture. Literally a living museum.

Monasteries stays

Some monasteries in Cyprus offer free accommodation to those wishing to experience monastic life and practise their faith. Simply contact them to check availability.

Hidden Gems Map



Other Useful Resources



gov.cy

e-Kalathi

Compare prices of everyday products across different supermarkets in Cyprus:

<https://www.e-kalathi.gov.cy/> ✎



FuelDaddy

Live fuel prices for all petrol stations across the island:

<https://www.fueldaddy.com.cy/en> ✎

About Cyprus

An excellent resource for info on Cyprus

<https://www.cyprusisland.net/> ✎

